

## October is Domestic Violence Awareness Month

Every minute **20** people are victims of intimate partner violence.

Intimate partner violence (IPV), formerly known as Domestic Violence Abuse, is a serious, preventable public health problem that affects millions of Americans. The term "intimate partner violence" describes physical violence, sexual violence, stalking and psychological aggression (including coercive acts) by a current or former intimate partner.

Get the facts here: <http://www.cdc.gov/violenceprevention/nisvs/infographic.html>

Learn more about how to work together to end domestic violence and abusive relationships:  
<http://www.nrcdv.org/dvam/themes/dvap/PDF/Adult-ThirteenWays.pdf>

Montefiore has the following free resources for associates:

<i>Program</i>	<i>Who's Eligible</i>	<i>How to Contact</i>
<b>Employee Assistance Program (EAP) HealthCare (ESI/ Longview) EAP</b>	<ul style="list-style-type: none"> <li>• MonteCare EPO</li> <li>• MonteCare PPO</li> <li>• MontePrime EPO</li> <li>• Registered Nurses (NYSNA)</li> <li>• Security guards</li> <li>• SSOB union</li> <li>• Associate spouse/dependents</li> </ul>	24 hours a day, 7 days 1-800-225-2527 or 1-800-252-4555 <a href="http://www.MyHealthCareEAP.com">www.MyHealthCareEAP.com</a> .  <p><u>Please Note:</u>            The EAP discourages emailing for services as email is not confidential.</p>
<b>Member Assistance Program (MAP)</b>	All 1199SEIU Members	Log In To Your 1199SEIU Account OR Call 646-473-6900 OR Visit <a href="http://1199seiu.benefits.org">1199seiu.benefits.org</a>

### Other Resources:

My Sister's Place: <http://mspny.org/>

### Websites:

[www.safehorizon.org](http://www.safehorizon.org)

<http://nownyc.org/service-fund/get-help/domestic-violence/>

<http://www.nyc.gov/html/ocdv/html/home/home.shtml>

### Self –Help books:

[http://www.goodreads.com/list/show/38586.Domestic\\_Violence\\_Essential\\_Reads](http://www.goodreads.com/list/show/38586.Domestic_Violence_Essential_Reads)

<http://www.thehotline.org/2013/05/life-after-abuse-helpful-books-to-check-out/>

If you have any questions or concerns regarding Montefiore resources for Associates please contact  
[toyouhealth@montefiore.org](mailto:toyouhealth@montefiore.org).