

To Your Health! Tasting Tables

The Farmers Markets Tasting Tables will be held throughout the summer at the Moses, Einstein, Wakefield and Tarrytown campuses! The To Your Health! team will be providing FREE food tastings of our featured 'Healthy Pick of the Month' recipe located in our monthly newsletter.

Tender Green Salad with Strawberries, Cucumber, Pistachio and Basil



Stop by our Tasting Table at one of the next Farmers Market!

Location	Date	Time
Wakefield Third Floor Atrium	June 16, 2016	11:30am—1:30pm
Tarrytown Outdoor Patio	June 23, 2016	11:30am—1:30pm
Einstein Front Porch	June 30, 2016	11:30am—1:30pm

For more information email: WellnessRD@montefiore.org.

To learn about upcoming Farmers Market Tastings visit the [Wellness Portal Calendar](#).