

Montefiore

To Your HEALTH!
Montefiore for a Healthy You

Zumba Dance Series



Einstein Campus

Led by Alison Santiago

Join us on Tuesdays and dance the stress away. Every class feels like a party! No dance experience necessary, just a willingness to move your body and have some fun. Come try it, you'll have a blast!

**Location: Albert Einstein College of Medicine,
Lubin Dining Hall**

Dates and Times:

3 Tuesday Evenings, 5:15pm-6:05pm

February 12

February 19

February 26

All participants must sign a release form. For more information email ToYourHealth@montefiore.org.