

## **Associate Wellness Tasting Tables**

2018 Montefiore Farmers Markets/BBQs



Stop by one of the To Your Health! Associate Wellness tasting tables to participate in an interactive activity and sample a seasonal recipe.

Campus	Location	Date	Time
Moses	East Garden	Thursday, August 2 <sup>nd</sup>	11:30am-1:30pm
Einstein	Front Patio	Tuesday, August 14 <sup>th</sup>	11:30am-1:30pm
Wakefield	Atrium	Wednesday, August 22nd	11:30am-1:30pm
Tarrytown	Back Patio	Friday, August 31st	11:30am-1:30pm

For more information e-mail: ToYourHealth@montefiore.org