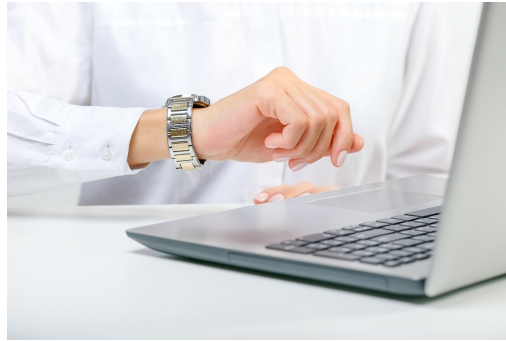


Carebridge Webinar

The Struggle Is Real: Strategies for Time Management



Meet your deadlines, be on time for meetings, and stop procrastinating! Most of us can become overwhelmed when we have a lot to do - responsibilities at work, planning our kid's birthday party, and remembering all the details of daily life. This webinar will discuss realistic strategies for more effective time management. Some of the things we will review are managing email clutter and keeping yourself motivated.

Date: Thursday, July 15, 2021

Time: 12:00pm—1:00pm EST

Click to Register: https://carebridge.zoom.us/webinar/register/WN_CbCjjEJ0R2m7EiT9zy1pGA

System Compatibility Check: <https://www.zoom.us/test>

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