

Montefiore

To Your HEALTH!
Montefiore for a Healthy You

Zumba Dance Series



Einstein Campus

Led by Alison Santiago

Join us on Tuesdays and dance the stress away. Every class feels like a party! No dance experience necessary, just a willingness to move your body and have some fun. Come try it, you'll have a blast!

**Location: Albert Einstein College of Medicine
Falk Recreation Center – 1915 Eastchester Road**

Dates and Times:

Tuesday Evenings, 5:15pm-6:05pm

April 16 May 7 June 4

April 23 May 14

April 30 May 21

All new participants must sign a release form. For more information email ToYourHealth@montefiore.org.