

Montefiore

To Your HEALTH!
Montefiore for a Healthy You

Zumba Dance Series



Einstein Campus Led by Alison Santiago

Join us on Tuesdays and dance the stress away. Every class feels like a party! No dance experience necessary, just a willingness to move your body and have some fun. Come try it, you'll have a blast!

**Location: Einstein/Weiler Campus,
4th Floor Cafeteria**

**Dates and Times:
Tuesday Evenings, 5:15pm-6:05pm**

July 9	August 20*
July 16	August 27*
July 30*	

All new participants must sign a release form.
For more information email ToYourHealth@montefiore.org.

*The location of the sessions on July 30, August 20 and August 27 to be determined.