

Zumba Dance Series



Einstein Campus

Led by Alison Santiago

Join us on Tuesdays and dance the stress away. Every class feels like a party! No dance experience necessary, just a willingness to move your body and have some fun. Come try it, you'll have a blast!

**Location: Albert Einstein College of Medicine,
Friedman Lounge/Lubin Dining Hall**

**Dates and Times:
Tuesday Evenings, 5:15pm-6:05pm**

September 10*	October 1
September 17*	October 15
September 24	October 22

All new participants must sign a release form.
For more information email ToYourHealth@montefiore.org.