



## FALK RECREATION CENTER

Based on its proximity to the Weiler Division, Einstein's Falk Recreation Center located at 1915 Eastchester Road (off of Morris Park Ave. and behind the Eastchester Road Residence Complex) offers the convenience of the equivalent of an on-site fitness center with access to state of the art equipment and facilities.

**Membership Fee: Montefiore Associates (with ID)**

**\$350 annually**

- *75 Foot Indoor Pool*
- *Gymnasium*
- *Locker Rooms*
- *Whirlpool*
- *Sauna Room*
- *Steam Room*

- *Treadmills/Ellipticals*
- *Stairmaster*
- *Bikes/Rowing Machines*
- *Free Weights*
- *Racquetball/Squash Courts*
- *Indoor Track*

**Ask about the 7 visit (within 14 days) Trial Membership!**

**Convenient Hours!**

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<i>6:30 AM – 9:30 PM</i>	<i>7:30 AM – 10:30 PM</i>	<i>6:30 AM – 9:30 PM</i>	<i>7:30 AM – 10:30 PM</i>	<i>6:30 AM -3:30 PM (EST)</i> <i>6:30 AM – 4:30 PM (DST)</i>	<i>8:00 AM – 5:30 PM</i>
					<b><i>Sunday</i></b>
					<i>11:00 AM – 7:30 PM</i>

**For Information:** Visit the Center at 1915 Eastchester Road Avenue (behind the Eastchester Road Residence Complex) or Call 718-430-4298 or visit the web site at [www.einstein.yu.edu/falk](http://www.einstein.yu.edu/falk)

**To Your HEALTH!**  
Montefiore for a Healthy You