



## **Discounted Gym Memberships**

**Montefiore Medical Center has partnered with fitness facilities around the five boroughs and Westchester county to bring membership discounts to all Montefiore associates.**

### ***CRUNCH (Located in all boroughs)***

\$89.99 a month for all Crunch membership\*

\$84.99 a month for one New York Crunch membership\*

A one-time \$79.99 enrollment fee, \$19.99 processing fee and an annual facility fee of \$29.99

***NOTE:*** *Crunch discount prices for locations outside of Manhattan are significantly lower. Just show a Crunch representative your Montefiore ID!*

⇒ Please Contact [Randi.Zinker@crunch.com](mailto:Randi.Zinker@crunch.com) for more information

### ***EQUINOX (Located in Manhattan, Brooklyn and Westchester County)***

\$134.00-\$238.00 a month for select membership\*, prices vary by location

\$235.00 a month for all-access membership to multiple gyms\*

A one-time \$100 initiation fee

⇒ Please Contact [Corporate@equinox.com](mailto:Corporate@equinox.com) for more information

### ***FALK RECREATION CENTER (Einstein Campus)***

\$350.00 annually, \$270.00 for a nine month membership, \$200.00 for a six month membership, or \$105.00 for a three month membership for Montefiore associates with I.D.

⇒ Please Contact (718) 430-4298 for more information

### ***MOSHOLU MONTEFIORE COMMUNITY FITNESS CENTER (Moses Campus)***

\$132.00 annually for Montefiore associates with I.D.

⇒ Please Contact (718) 882-4000 for more information

### ***NEW YORK SPORTS CLUB (Located in all Boroughs and Westchester County)***

\$59.99 a month for Passport access

\$69.99 a month for Elite access to E23, E91, Fidi, Waltham and Wellesley

⇒ Please Contact [Matthew.Lui@tsiclubs.com](mailto:Matthew.Lui@tsiclubs.com) for more information

### ***YMCA (Located in all boroughs)***

\$63.75-\$86.70 a month with 15% discount applied and 50% off the joining fee with Montefiore I.D.

⇒ Please Contact your local facility more information

Visit <http://www.mymontebenefits.com/to-your-health> to find out more about what services these facilities have to offer.

Also reach out to the Employee Assistance Program (EAP) / 1199SEIU for additional offerings!

*\*One year minimum membership required*

**Montefiore**  
To Your Health!  
Montefiore for a Healthy You