

Associate Wellness Tasting Tables

Heart Month 2018



Stop by one of the To Your Health! Associate Wellness tasting tables to sample a heart healthy recipe.

Campus	Location	Date	Time
Moses	Grand Hall	Wednesday, February 7 th	11:30am-1:30pm
Wakefield	Cafeteria	Thursday, February 15 th	11:30am-1:30pm
Einstein	Cafeteria	Thursday, February 22 nd	11:30am-1:30pm
Tarrytown	Cafeteria	Tuesday, February 27 th	11:30am-1:30pm

For more information e-mail: Toyourhealth@montefiore.org