

July Monthly Events

See our Calendar for more information.

| Sun | Mon | Tues | Wed | Thur | Fri | Sat |
|-----|-----|--|--|---|-----|-----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 Weight Watchers Moses/Einstein/Tarrytown WLA-I Yonkers 12:00-1:00pm | 14 Farmer's Market – Nutrition Tasting Table – Wakefield 11:30- 1:30pm Weight Watchers Yonkers/Fordham | 15 | 16 |
| 17 | 18 | 19 Nutrition Workshop – Moses 12:00-1:00pm 5Rhythms 5:15-6:15pm | 20 Nutrition Workshop – Yonkers 12:00-1:00pm 1:00-2:00pm Weight Watchers Moses/Einstein/Tarrytown WLA-I Yonkers 12:00-1:00pm | 21 Farmer's Market – Nutrition Tasting Table – Tarrytown 11:30- 1:30pm Weight Watchers Yonkers/Fordham | 22 | 23 |
| 24 | 25 | 26 | 27 Weight Watchers Moses/Einstein/Tarrytown WLA-I Yonkers 12:00-1:00pm | 28 Farmer's Market – Nutrition Tasting Table – Einstein 11:30- 1:30pm Weight Watchers Yonkers/Fordham | 29 | 30 |
| 31 | | | | | | |