

June Monthly Events

See our Calendar for more information.

Sun	Mon	Tues	Wed	Thur	Fri	Sat
			1	2	3	4
5	6	7	8	9 Weight Watchers Yonkers/Fordham	10 Nutrition Challenge Registration Begins	11
12	13	14	15 Mindfulness Meditation – 5pm Weight Watchers Moses/Einstein/Tarrytown	16 Farmers Market – Nutrition Tasting Table – Wakefield 11:30-1:30pm Weight Watchers Open House – Fordham 12:00pm Weight Watchers Yonkers	17	18
19	20	21 Nutrition Workshop – Moses 12:00-1:00pm 5Rhythms 5:15-6:15pm	22 Nutrition Workshop – Yonkers 12:00-1:00pm 1:00-2:00pm Mindfulness Meditation – 5pm Weight Watchers Moses/Einstein/Tarrytown	23 Farmers Market – Nutrition Tasting Table – Tarrytown 11:30-1:30pm Weight Watchers Yonkers/Fordham Nutrition Challenge Starts	24	25
26	27	28	29 Nutrition Challenge Registration Deadline Mindfulness Meditation – 5:30pm Weight Watchers Moses/Einstein/Tarrytown	30 Farmers Market – Nutrition Tasting Table – Einstein 11:30-1:30pm Weight Watchers Yonkers/Fordham		