

## June Associate Wellness Monthly Program

### Topic: Healthy Snacking and Portion Control

Join Associate Wellness Dietitian Lea Loveland, MS, RD, CDN, CLC in an informative discussion about healthy snacking and portion sizes.

*The first 10 to register plus attend the in-person program get a **FREE** gift!*



### Tarrytown Campus & Streaming live on ZOOM

Date: Thursday, June 7<sup>th</sup>, 2018

Time: 1:00pm -2:00pm

In-person – Financial Accounting Conference Room

Online Zoom - Register at: <http://bit.ly/2FjOvfG>

- T: 646-558-8656; Meeting ID: 549 535 212

Associate Wellness Programs are open to all associates! Register for the in-person session on Talent Management. Register for Zoom at <http://bit.ly/2FjOvfG>

\*Successful completion and portal registration awards you three raffle tickets in our [Healthy Habits Raffle Campaign](#), where we're raffling off \$1,000 prizes each quarter!\*