



TESTIMONIALS

What our members are saying . . .



"I have gained so much confidence in myself and my potential to do things. I have also made new friends and now have a whole new MAX family and I love them all!!!" – Laura



"It's easy to come to THE MAX Challenge every day, have fun and become healthier at the same time! During this challenge, I've lost 35lbs, and I've gained friends and a healthier lifestyle. Thank you!" – Stan

THEMAXChallenge.com



**To find a location
nearest you, visit:
THEMAXChallenge.com**



- ✓ Proven Fitness.
- ✓ Simple Nutrition.
- ✓ Fast Results.
- ✓ Guaranteed!

Want amazing results in just 10 weeks? All you need is THE MAX Challenge.

Achieving your health
and fitness goals
has never been faster
or simpler using our
proven formula.

Here's how:

PART 1: FITNESS



50 high-energy,
fat-burning,
muscle-toning
workouts designed
for ALL fitness
levels.



PART 2: NUTRITION



Our certified coaches
will walk you through our
simple, easy-to-follow
nutrition plan.
Bonus: You don't have to
give up the foods you love!



PART 3: MOTIVATION



The best plan is the
plan that people
actually follow. Our
staff is dedicated to
your success and will
keep you motivated
throughout your
10-Week Challenge.



PART 4: RESULTS



We're so confident
in the effectiveness
of our program
that we guarantee
your results or
your money back! No
questions asked.



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Bryan Klein's Philosophy

**Founder & CEO
of THE MAX Challenge**

I've lived through gaining weight and losing weight, and I've discovered how the perfect combination of proper exercise, nutrition and motivation can lead to lasting results in appearance, fitness and overall health. Now that I am in the best shape of my life, I realize that I no longer have to settle for mediocrity.

***"Excellence is not something that
is reserved for the elite few."***

Excellence is something that is within the grasp of all of us and I have made it my life's mission to help others achieve their own personal best! I created THE MAX Challenge to transform minds, bodies and spirits in just 10 weeks and to inspire everyone to reach their fullest potential. You 100% CAN reach every single one of those personal health, fitness and wellness goals that you may have previously considered out of reach. THE MAX Challenge is a complete 10-week transformation system that combines fitness classes, nutritional guidance and unmatched motivation and support into one easy-to-follow program. We have had tens of thousands of members throughout the country participate and the results have been amazing. We're excited to continue to bring this program to new communities and we look forward to improving lives throughout the country and the world.

Bryan M. Klein

