

# Zumba Dance Series



## Moses Campus Led by Alison Santiago

Join us on Thursdays and dance the stress away. Every class feels like a party! No dance experience necessary, just a willingness to move your body and have some fun. Come try it, you'll have a blast!

**Location: Moses Campus, Grand Hall\***

**Dates and Times:**  
**Thursday Evenings, 5:15pm-6:15pm**

July 11	August 15*
July 18	August 22
August 1*	August 29

**All new participants must sign a release form.**

**For more information email [ToYourHealth@montefiore.org](mailto:ToYourHealth@montefiore.org).**