NOVEMBER EVENTS

Sun	Mon	Tues	Wed	Thur	Fri	Sat
			1 <u>Weight Watchers</u> Moses/Einstein/Tarrytown/Hutch	2 <u>Weight Watchers</u> Yonkers/Fordham	3 <u>Wellness</u> <u>Workshop</u> <u>Thyroid &</u> <u>Health</u> Moses Campus & Zoom 12:00-1:00pm	4
5	6 Weight Watchers Open House Wakefield 12:15-1:30pm	7 Wellness Tasting Tables Moses, Einstein & Wakefield Cafeterias 12:00-1:30pm	8 <u>Weight Watchers</u> Moses/Einstein/Tarrytown/Hutch	9 <u>Weight Watchers</u> Yonkers/Fordham	10	11
12	13 <u>Weight Watchers</u> Wakefield	14	15 <u>Weight Watchers</u> Moses/Einstein/Tarrytown/Hutch	16 <u>A-HIP Biometric</u> <u>Screening</u> Hutch Campus <u>Weight Watchers</u> Yonkers/Fordham	17	18
19	20 <u>Weight Watchers</u> Wakefield	21 <u>SRhythms</u> TLC Grand Hall 5:15pm-6:15pm <u>Wellness Tasting</u> <u>Tables</u> Moses, Einstein & Wakefield Cafeterias 12:00-1:30pm	22 <u>Weight Watchers</u> Moses/Einstein/Tarrytown/Hutch	23 <u>Weight Watchers</u> Yonkers/Fordham	24	25
26	27 <u>Weight Watchers</u> Wakefield	28 <u>Wellness Tasting</u> <u>Tables</u> Moses, Einstein & Wakefield Cafeterias 12:00-1:30pm	29 <u>Weight Watchers</u> Moses/Einstein/Tarrytown/Hutch	30 <u>Weight Watchers</u> Yonkers/Fordham		