



## **Discounted Gym Memberships**

Montefiore Medical Center has partnered with fitness facilities in the tri-state area to bring membership discounts to all Montefiore associates. Visit

### ***24 HOUR FITNESS (Located in the Bronx, Manhattan, Brooklyn, Westchester County and New Jersey)***

\$29.99 a month for All Club Sport membership\*

\$44.99 a month for All Club Super Sport membership\*

\$74.99 a month for All Club Ultra Sport membership\*

A one-time \$29.99 enrollment fee for month to month membership and a \$49.99 annual maintenance fee

⇒ Please Contact [yarmendariz@24hourfit.com](mailto:yarmendariz@24hourfit.com) to join and/or for more information

### ***CRUNCH (Located in all boroughs, Westchester County, New Jersey and Connecticut)***

\$85.00 a month for All Crunch Freedom membership\*

\$75.00 a month for One Crunch New York Freedom membership\*

A one-time \$60.00 enrollment fee, \$35.00 processing fee and a \$50.00 annual maintenance fee

⇒ Please Contact [Frank.Sancilio@crunch.com](mailto:Frank.Sancilio@crunch.com) to join and/or for more information

### ***CRUNCH NORWOOD (Moses Campus)***

\$19.95 a month for PEAK membership

A \$39.00 annual maintenance fee

⇒ Please Contact [Manager@crunchnorwood.com](mailto:Manager@crunchnorwood.com) to join and/or for more information

### ***DOLPHIN FITNESS CLUB (Einstein Campus)***

\$149.00 for an one-year membership

\$20.00 down and \$10.00 a month for month to month membership

⇒ Please Contact (718) 822-5700 to join and/or for more information

### ***EQUALIZE FITNESS (Yonkers Campus)***

\$59.00 a month for an annual fitness membership\*

\$69.00 a month for a month-to-month membership

A one-time \$39.00 processing fee and a \$45.00 annual maintenance fee

⇒ Please Contact [Anthony@EqualizeFitness.com](mailto:Anthony@EqualizeFitness.com) to join and/or for more information

*\*One year minimum membership required*

**Montefiore**  
To Your Health!  
Montefiore for a Healthy You



## **Discounted Gym Memberships**

**Montefiore Medical Center has partnered with fitness facilities in New York, New Jersey and Connecticut to bring membership discounts to all Montefiore associates.**

### ***EQUINOX (Located in Manhattan, Brooklyn, Westchester County and New Jersey)***

\$150.00-\$295.00 a month for select to all access membership\*, prices vary by location  
A one-time \$100.00 initiation fee

⇒ Please Contact [rachel.cohen@equinox.com](mailto:rachel.cohen@equinox.com) to join and/or for more information

### ***ILOVEKICKBOXING — BRONX***

\$5.00 intro offer for 3 classes and free gloves and a discount on the month-to-month membership

⇒ Please Contact (718) 701-8855 to join and/or for more information

### ***FALK RECREATION CENTER (Einstein Campus)***

\$350.00 annually, \$270.00 for a nine month membership, \$200.00 for a six month membership or \$105.00 for a three month membership

⇒ Please Contact (718) 430-4298 to join and/or for more information

### ***THE MAX CHALLENGE (Brooklyn, Staten Island, Long Island and New Jersey)***

10% discount off a 10-week program

⇒ Please Contact [Saul@themaxfranchising.com](mailto:Saul@themaxfranchising.com) to join and/or for more information

### ***NEW YORK SPORTS CLUB (Located in all boroughs, Westchester County, New Jersey and Connecticut)***

\$29.99 a month for Regional New Jersey access

\$29.99 a month for Regional Long Island access

\$39.99 a month for Regional Westchester access

\$59.99 a month for Passport access (excludes Elite locations)

\$69.99 a month for Elite Passport access (excludes Flagship Elite location)

A \$59.99 annual fee

⇒ Please Contact [Matthew.Lui@tsiclubs.com](mailto:Matthew.Lui@tsiclubs.com) to join and/or for more information

### ***YMCA (Located in all boroughs)***

\$63.75 - \$86.70 a month with a 15% discount applied

50% off the initiation fee with membership

⇒ Please Contact your local facility to join and/or for more information

Visit <http://www.mymontefiorebenefits.com/to-your-health> for more discounts and what services these facilities have to offer.

\*One year minimum membership required

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