

APRIL EVENTS

Mon	Tues	Wed	Thur	Fri
2 Weight Watchers Wakefield	3	4 Weight Watchers Moses, Einstein, Tarrytown, Hutch	5 Weight Watchers Yonkers, Fordham	6 A-HIP Biometric Screening Einstein 12:30pm-6:00pm
9 Weight Watchers Wakefield	10	11 Meditation Session with Dr. Camacho Moses Campus TLC3 & Zoom 12:00pm-1:00pm Weight Watchers Moses, Einstein, Tarrytown, Hutch	12 Weight Watchers Yonkers, Fordham	13
16 Weight Watchers Wakefield	17 Associate Wellness Program: Alcohol and its Impact on the Body with Dr. Boatswain and Dr. Forman Moses Campus & Zoom 1:00pm-2:00pm 5Rhythms TLC Grand Hall 5:15pm-6:15pm	18 Weight Watchers Moses, Einstein, Tarrytown, Hutch	19 Weight Watchers Yonkers, Fordham	20
23 Weight Watchers Wakefield	24	25 Weight Watchers Moses, Einstein, Tarrytown, Hutch	26 Weight Watchers Yonkers, Fordham	27
30 Weight Watchers Wakefield				