## **DECEMBER EVENTS**

| Mon  | Tues | Wed | Thur                                      | Fri   |
|--|------|-----|---|---|
|  | 1    | 2   | WW Weekly Meeting WW App 12:15pm – 1:00pm | 4   |
| 7  | 8    | 9   | WW Weekly Meeting WW App 12:15pm – 1:00pm | Mindful Meditation with Dr. Camacho Zoom 12:00pm – 1:00pm |
| Mindful Meditation with Dr. Camacho Zoom 6:00pm – 7:00pm  5 Rhythms Moving Meditation Zoom 6:00pm – 7:00pm | 15   | 16  | WW Weekly Meeting WW App 12:15pm – 1:00pm | 18  |
| 21   | 22   | 23  | 24  | 25  |
| 28   | 29   | 30  | 31  |   |