To Your Health! March Events						2016
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
· ·		S	Weight Watchers Open House – Tarrytown Weight Watchers – Moses/Einstein	Weight Watchers – Wakefield/Yonkers/ Fordham		
13	14	Savor the Taste Without the Salt!	Savor the Taste Without the Salt! Weight Watchers – Moses/Einstein	March Nutrition Challenge Series Savor the Flavor of Eating Right! – Moses Weight Watchers – Wakefield/Yonkers/ Fordham	18	19
20	21	Savor the Flavor of Eating Right! — Wakefield	Savor the Flavor of Eating Right! — Einstein Weight Watchers — Moses/Einstein	24	25	26
27	28	29	30 <u>Weight Watchers</u> – Moses/Einstein	Savor the Flavor of Eating Right! – Moses		