

Montefiore Celebrates National Nutrition Month

“Savor the Flavor of Eating Right”

- Guess the spice and win a prize
- “Ask a Dietitian” Nutrition Station
- Nutrition Tasting Table with delicious recipes
- Take home fun giveaways



Yonkers, Suite 111 - Tuesday, March 8, 2:30-4:30pm
In conjunction with CMO's International Women's Day celebration

Moses Cafeteria - Thursday, March 17, 10-3pm

Wakefield Cafeteria - Tuesday, March 22, 10-3pm

Einstein Cafeteria - Wednesday, March 23, 10-3pm

Moses Cafeteria - Thursday, March 31, 10-3pm

For more information email: WellnessRD@montefiore.org

*Sponsored by: To Your Health! Associate Wellness, Office of Community & Population Health,
1199SEIU and the Clinical Nutrition Department*