

# Discounted Gym Memberships

Montefiore Einstein has partnered with fitness facilities in the tri-state area to bring membership discounts to all Montefiore Einstein associates.



**Montefiore**  
To Your Health!  
Montefiore for a Healthy You

**Montefiore Einstein**

### **CRUNCH NORWOOD (Moses Campus)**

\$19.99/mo for PEAK membership

\$24.99/mo for PEAK Results membership

\$59.00 annual maintenance fee

Contact [manager@crunchnorwood.com](mailto:manager@crunchnorwood.com) to join or for more information

### **CRUNCH (Located in all boroughs, Westchester County, NJ, CT)**

\$89/mo for One Signature club access

\$99/mo for All Access membership

\$49 enrollment fee, \$49.94 processing fee, and \$80 annual fee

Contact [randi.zinker@crunch.com](mailto:randi.zinker@crunch.com) to join or for more information

### **EQUALIZE FITNESS (Yonkers Campus)**

\$69/mo for a month to month membership, no annual membership fee

Contact (914) 751-6655 to join or for more information

### **EQUINOX (Located in Manhattan, Brooklyn, Westchester County, and NJ)**

\$186-\$290/mo for Select to All Access Membership, prices vary by location. One-time, \$100 initiation fee

Contact [colin.murphy01@equinox.com](mailto:colin.murphy01@equinox.com) to join or for more information

### **THE RIVERDALE YM-YWHA**

25% off Adult and Family Annual Membership

Contact (718) 548-8200 or email [membership@riverdaley.org](mailto:membership@riverdaley.org) to join or for more information

### **NEW YORK SPORTS CLUB (Located in Brooklyn, Manhattan, Queens, Westchester County, NJ, and CT)**

\$74.00/mo for Passport Access, plus \$69 annual fee

Contact [dzhennifer.atyan@nysc.com](mailto:dzhennifer.atyan@nysc.com) to join or for more information

### **NYC YMCA (Located in all boroughs)**

No YMCA joining fee, plus 15% off monthly NYC YMCA rate

Contact your local facility to join or for more information

### **FALK RECREATION CENTER (Einstein Campus)**

\$39.99/mo (includes all classes, pool & equipment), plus one week free trial. No annual or sign up fee.

Same rate applies to spouses.

Contact (718) 430-4298 to join or for more information

### **YOGA 365 (Online)**

FREE one-year program of micro-exercises, breathing practices, and meditations

Visit <https://yoga365.online/healthcare> to join or for more information

### **TRAIN WITH ME (Online)**

\$50-\$300/mo for beginner to premium plans.

Prices vary based on selection.

Visit <https://bit.ly/TWMSpecial> to join or for more information



Scan here or visit <https://bit.ly/46VMle4> for more Associate Wellness Fitness information.

Relationships currently unavailable: 24 Hour Fitness, Blink Fitness, ClassPass, LA Fitness, Lifetime Fitness, NY Health & Racquet Club, Planet Fitness, and XSport Fitness.