

## AUGUST EVENTS

Mon	Tues	Wed	Thur	Fri
1	2	3	<p>4</p> <p><a href="#">Montefiore WW Weekly Meeting</a></p> <p>WW App 12:15pm – 1:00pm</p> <p><a href="#">Fidelity Program: Creating a Budget You'll Actually Use</a></p> <p>Zoom 12:00pm – 12:30pm</p>	5
8	9	10	<p>11</p> <p><a href="#">Montefiore WW Weekly Meeting</a></p> <p>WW App 12:15pm – 1:00pm</p> <p><a href="#">To Your Health! Fitness Program: How to Set Up a Dynamic Workstation</a></p> <p>Teams 1:00pm – 2:00pm</p>	12
15	16	17	<p>18</p> <p><a href="#">Montefiore WW Weekly Meeting</a></p> <p>WW App 12:15pm – 1:00pm</p> <p><a href="#">Carebridge EAP Program: Creating Healthy Financial Boundaries</a></p> <p>Zoom 12:00pm – 12:30pm</p>	19

22	23	24 <a href="#">To Your Health!</a> <a href="#">Program: Maintain Your</a> <a href="#">Vacation Bliss</a> Zoom 12:00pm - 1:00pm	25 <a href="#">Montefiore WW</a> <a href="#">Weekly Meeting</a> WW App 12:15pm - 1:00pm  <a href="#">To Your Health!</a> <a href="#">Mindfulness</a> <a href="#">Meditation with Dr.</a> <a href="#">Camacho</a> Zoom 12:00pm - 1:00pm	26
29	30	31		

