

December Associate Wellness Monthly Program

Topic: Eating Healthy Without Breaking the Budget

Join Montefiore's Dietetic Intern Robin Vieira, BA, LMT, for a lively conversation about how to make healthful choices in a budget-friendly way.



Hutch Campus & Streaming live on Zoom

Date: Thursday, December 12, 2019

Time: 12:30pm-1:30pm

Online via Zoom - Register at: <http://bit.ly/2pz2Zps>

T: 646-558-8656; Meeting ID: 944 481 383

To Your Health! Associate Wellness programs are open to all associates!
Register for Zoom at <http://bit.ly/2pz2Zps>.