

**Montefiore**

**To Your HEALTH!**  
Montefiore for a Healthy You

To Your Health! Associate Wellness with

Fidelity Investments 

Present

~ ***Demand More from your Money & Health*** ~

All associates are invited to an informative and inspirational webcast!  
Three inspiring women offer simple steps for financial and physical wellness. Webcast followed by Q& A panel with your Fidelity retirement planners, Andrea Gaetano and Cara Every, and To Your Health! Associate Wellness Nutrition Manager and Wellbeing Manager, Jessica Shapiro and Dr. Brenda Boatswain

**\*LUNCH SERVED\***



**Moses Campus & Streaming live on Zoom**

Date: Tuesday January 28, 2020

Time: 12:00pm -1:00pm

In-person: TLC 4 & 5

Online via Zoom - Register at: <https://bit.ly/2PfXNI3>

T: 646-558-8656; Meeting ID: 655 849 7678