



Discounted Gym Memberships

Montefiore Medical Center has partnered with fitness facilities in the tri-state area to bring membership discounts to all Montefiore associates.

CRUNCH (Located in all boroughs, Westchester County, New Jersey and Connecticut)

\$89.00 a month for All Crunch Freedom membership*

\$79.00 a month for One Crunch New York Freedom membership*

A one-time \$60.00 enrollment fee, \$35.00 processing fee and a \$50.00 annual maintenance fee

⇒ Please Contact Frank.Sancilio@crunch.com to join and/or for more information

CRUNCH NORWOOD (Moses Campus)

\$19.95 a month for PEAK membership

A \$39.00 annual maintenance fee

⇒ Please Contact Manager@crunchnorwood.com to join and/or for more information

DOLPHIN FITNESS CLUB (Einstein Campus)

\$149.00 for an one-year membership

\$20.00 down and \$10.00 a month for month to month membership

⇒ Please Contact (718) 822-5700 to join and/or for more information

EQUALIZE FITNESS (Yonkers Campus)

\$59.00 a month for an annual fitness membership*

\$69.00 a month for a month-to-month membership

A one-time \$39.00 processing fee and a \$45.00 annual maintenance fee

⇒ Please Contact (914) 751-6655 to join and/or for more information

HUTCHINSON FITNESS CENTER (Hutch Campus, Full Time Associates only)

\$25.00 refundable deposit for Hutchinson Fitness Center access

⇒ Please Contact Hutchinson Security at (718) 823-6525 to join and/or for more Information

EQUINOX (Located in Manhattan, Brooklyn, Westchester County and New Jersey)

\$155.00-\$300.00 a month for select to all access membership*, prices vary by location

A one-time \$100.00 initiation fee

⇒ Please Contact rachel.cohen@equinox.com to join and/or for more information

*One year minimum membership required

Montefiore
To Your Health!
Montefiore for a Healthy You



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ILOVEKICKBOXING — BRONX

\$5.00 introductory offer for 3 classes with free gloves and a discount on the month-to-month membership

⇒ Please Contact (718) 701-8855 to join and/or for more information

FALK RECREATION CENTER (Einstein Campus)

\$350.00 annually, \$270.00 for a nine month membership, \$200.00 for a six month membership or \$105.00 for a three month membership

⇒ Please Contact (718) 430-4298 to join and/or for more information

THE MAX CHALLENGE (Brooklyn, Staten Island, Long Island and New Jersey)

10% discount off a 10-week program

⇒ Please Contact Saul@themaxfranchising.com to join and/or for more information

NEW YORK SPORTS CLUB (Located in all boroughs, Westchester County, New Jersey and Connecticut)

\$29.99 a month for Regional New Jersey access

\$29.99 a month for Regional Long Island access

\$39.99 a month for Regional Westchester access

\$59.99 a month for Passport access (excludes Elite locations)

\$69.99 a month for Elite Passport access (excludes Flagship Elite location)

A \$59.99 annual fee

⇒ Please Contact Matthew.Lui@tsiclubs.com to join and/or for more information

NYC YMCA (Located in all boroughs)

50% off the NYC YMCA joining fee

15% off the monthly NYC YMCA rate

⇒ Please Contact your local facility to join and/or for more information

Visit <http://www.mymontebenefits.com/to-your-health> for more discounts and information on the services these facilities have to offer.

Relationships currently unavailable: ClassPass, LA Fitness, Lifetime Fitness, NY Health & Racquet Club, Planet Fitness, XSport Fitness.

**One year minimum membership required*

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