

# DECEMBER EVENTS

Mon	Tues	Wed	Thur	Fri
			1 <a href="#">Montefiore Weight Watchers Open House</a> Zoom 12:15pm – 1:00pm	2
5	6 <a href="#">Bank of America and Merrill Quarterly Financial Education Webinar Series – Financial Tips for Your 20s and 30s</a> Zoom 11:00am – 12:00pm 2:00pm – 3:00pm  <a href="#">Carebridge EAP Program: Holiday Wellness Tips</a> Zoom 12:00pm – 1:00pm	7 <a href="#">Bank of America and Merrill Quarterly Financial Education Webinar Series – Financial Tips for Your 30s and 40s</a> Zoom 11:00am – 12:00pm 2:00pm – 3:00pm  <a href="#">Fidelity Program: Understanding Your Debt</a> Zoom 12:00pm – 12:30pm	8 <a href="#">Bank of America and Merrill Quarterly Financial Education Webinar Series – Financial Tips for Your 50s and 60s</a> Zoom 11:00am – 12:00pm 2:00pm – 3:00pm  <a href="#">Montefiore WW Weekly Meeting</a> WW App 12:15pm – 1:00pm	9 <a href="#">Bank of America and Merrill Quarterly Financial Education Webinar Series – Cyber Security Awareness</a> Zoom 11:00am – 12:00pm 2:00pm – 3:00pm
12	13 <a href="#">To Your Health! Supportive Wellness Program: Happy Healthy Holidays</a> Zoom 12:00pm – 1:00pm	14	15 <a href="#">To Your Health!: Mindfulness Meditation with Dr. Camacho</a> Zoom 12:00pm – 1:00pm  <a href="#">Montefiore WW Weekly Meeting</a> WW App 12:15pm – 1:00pm	16
19	20 <a href="#">Cerner Fitness Program: Muscle and Joint Health</a> Teams 1:00pm – 2:00pm	21	22 <a href="#">Montefiore WW Weekly Meeting</a> WW App 12:15pm – 1:00pm	23
26	27	28	29	30