

NOVEMBER EVENTS

Mon	Tues	Wed	Thur	Fri
2 Equinox Offer for Montefiore Associates, Available all November!	3	4	5	6
9	10	11	12 WW Weekly Meeting WW App 12:15pm – 1:00pm	13 Diabetes and Covid-19: Maintaining Psychological PPE while Living with Diabetes during a Pandemic Zoom 12:00pm – 1:00pm
16 WW Virtual Open House Zoom 12:30pm – 1:30pm 5 Rhythms Moving Meditation Zoom 6:00pm – 7:00pm	17 Bouncing Back: Financial Wellness Panel Zoom 12:30pm – 1:30pm	18	19 WW Weekly Meeting WW App 12:15pm – 1:00pm	20 Diabetes and Covid-19: Health Care Disparities Zoom 12:00pm – 1:00pm
23	24	25	26	27
30 5 Rhythms Moving Meditation Zoom 6:00pm – 7:00pm				