



TESTIMONIALS

What our members are saying . . .



"I have gained so much confidence in myself and my potential to do things. I have also made new friends and now have a whole new MAX family and I love them all!!!" – Laura



"It's easy to come to THE MAX Challenge every day, have fun and become healthier at the same time! During this challenge, I've lost 35lbs, and I've gained friends and a healthier lifestyle. Thank you!" – Stan



To find a location nearest you, visit:
THEMAXChallenge.com



- ✓ Proven Fitness.
- ✓ Simple Nutrition.
- ✓ Fast Results.
- ✓ Guaranteed!

THEMAXChallenge.com

Want amazing results in just 10 weeks? All you need is THE MAX Challenge.

Achieving your health and fitness goals has never been faster or simpler using our proven formula.

Here's how:



Bryan Klein's Philosophy

**Founder & CEO
of THE MAX Challenge**

I've lived through gaining weight and losing weight, and I've discovered how the perfect combination of proper exercise, nutrition and motivation can lead to lasting results in appearance, fitness and overall health. Now that I am in the best shape of my life, I realize that I no longer have to settle for mediocrity.

"Excellence is not something that is reserved for the elite few."

Excellence is something that is within the grasp of all of us and I have made it my life's mission to help others achieve their own personal best! I created THE MAX Challenge to transform minds, bodies and spirits in just 10 weeks and to inspire everyone to reach their fullest potential. You 100% CAN reach every single one of those personal health, fitness and wellness goals that you may have previously considered out of reach. THE MAX Challenge is a complete 10-week transformation system that combines fitness classes, nutritional guidance and unmatched motivation and support into one easy-to-follow program. We have had tens of thousands of members throughout the country participate and the results have been amazing. We're excited to continue to bring this program to new communities and we look forward to improving lives throughout the country and the world.

PART 1: FITNESS



50 high-energy, fat-burning, muscle-toning workouts designed for ALL fitness levels.

PART 2: NUTRITION



Our certified coaches will walk you through our simple, easy-to-follow nutrition plan. Bonus: You don't have to give up the foods you love!

PART 3: MOTIVATION



The best plan is the plan that people actually follow. Our staff is dedicated to your success and will keep you motivated throughout your 10-Week Challenge.

PART 4: RESULTS



We're so confident in the effectiveness of our program that we guarantee your results or your money back! No questions asked.

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Bryan M. Klein

